

Website Analysis: sahajyogarishikesh.org

Generated on June 17 2025 16:43 PM





The score is 43/100







SEO Content

	Title	Sahaja Yoga Meditation – Know Thyself Through Self Realisation					
		Length : 68					
		Perfect, your title contains between 10 and 70 characters.					
	Description	Length : 0					
		Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.					
	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.					
	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.					
	Headings	H1 0	H2 15	H3 0	H4 1	H5 0	H6 0
		<ul style="list-style-type: none">• [H2] About Sahaja Yoga• [H2] Self-realization• [H2] Subtle System• [H2] Kundalini Energy• [H2] Benefits of Sahaja Yoga Meditation• [H2] Self Realisation is priceless• [H2] Experience your Self-Realisation now• [H2] Image Gallery• [H2] The supreme source of love• [H2] Sahaja Yoga First Step: BBC Interview• [H2] Shri Mataji Nirmala Devi – Australian TV Interview• [H2] The Mother and the Guru• [H2] Sahaja Yoga Rishikesh• [H2] Events and Updates• [H2] Important Links• [H4] Famous Quotes by ShriMataji Nirmala Devi					

SEO Content

	Images	<p>We found 5 images on this web page.</p> <p>5 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 2%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>
	In-page links	<p>We found a total of 16 links including 0 link(s) to files</p>
	Statistics	<p>External Links : noFollow 6.25%</p> <p>External Links : Passing Juice 50%</p> <p>Internal Links 43.75%</p>

In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice
Sahaja Yoga Meditation	Internal	Passing Juice
About Us	Internal	Passing Juice
Near By Centres	Internal	Passing Juice
=	External	Passing Juice

In-page links

https://www.youtube.com/watch?v=4in-201E0_E	External	Passing Juice
https://www.youtube.com/watch?v=mA4xu5kVgS4	External	Passing Juice
https://www.youtube.com/watch?v=1R0bncg6C_w	External	Passing Juice
https://www.youtube.com/watch?v=RCOSmcBlh24	External	Passing Juice
[email&#160;protected]	Internal	Passing Juice
Navratri Celebrations	Internal	Passing Juice
Welcome to Sahaja Yoga, Rishikesh	Internal	Passing Juice
About Shri Mataji Nirmala Devi	External	Passing Juice
Lets Meditate	External	Passing Juice
Sahaja Yoga India	External	Passing Juice
Out the Box	External	noFollow


SEO Keywords

	Keywords Cloud	divine source interview power spirit truth yoga first become love
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
divine	4	✖	✖	✖	✖
yoga	4	✔	✖	✖	✔
become	3	✖	✖	✖	✖
source	3	✖	✖	✖	✔
truth	2	✖	✖	✖	✖












Usability

	Url	Domain : sahajyogarishikesh.org Length : 22




Usability

	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 9 Warnings : 38
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div> Excellent, your website doesn't use nested tables.</div> <div> Too bad, your website is using inline styles.</div> <div> Too bad, your website has too many CSS files (more than 4).</div> <div> Too bad, your website has too many JS files (more than 6).</div> <div> Too bad, your website does not take advantage of gzip.</div>

Mobile

	Mobile Optimization	<div> Apple Icon</div> <div> Meta Viewport Tag</div>
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Mobile

✓ Flash content

Optimization

✓	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <div>http://sahajyogarishikesh.org/sitemap.xml https://sahajyogarishikesh.org/wp-sitemap.xml</div>
✓	Robots.txt	<p>http://sahajyogarishikesh.org/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
✗	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>